

# Mount Allison UNIVERSITY



# HANDBOOK FOR PARENTS

Prepared by Counselling Services, Department of Student Life



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## Welcome to Mount Allison University!

Congratulations – your child is now enrolled in the #1 ranked undergraduate university in Canada! It is our sincere hope that your son or daughter will love Mount Allison and everything it has to offer, from our beautiful campus and vibrant residence life, to our top-notch professors, rigorous academic programs, and close-knit liberal arts and science environment. The next four years will mark a period of profound growth and development for your child. He or she will depart, not only with a good education, but also with wisdom gained through pivotal life experiences and a stronger sense of self.

As your son or daughter prepares to become a part of this new community, you may be experiencing a range of emotions, from pride, to excitement, to sadness. No matter what concerns you have about this process, rest assured that the faculty, staff, and administrators at Mount Allison University are here to support your child in all facets of the university experience. Our aim is to partner with you in order to assist your son or daughter in becoming a contributing member of society.

It is our hope that, through this handbook, you will learn about what to anticipate during your child's transition to university life, as well as some tips on how you and your child can make the most of this exciting process.

*“Change is inevitable - except from a vending machine.” - R. C. Gallagher*



## **THE TRANSITION TO UNIVERSITY: WHAT TO ANTICIPATE**

*“You have to do your own growing, no matter how tall your grandfather was.” – Abraham Lincoln*

Transitioning from high school to university is often a time of significant change. Your son or daughter will likely go through a period of academic, social, and personal adjustment, learning how to adapt to a range of new experiences. Here are common changes that may come with the transition:

### **New Surroundings**

Moving to Sackville and joining the Mount Allison community will mean major changes for most first-year students. Sackville is a small town (learn more at: <http://www.sackville.com/> ) which typically becomes a “home away from home” for students. Most students adapt well to the small community and unique experiences available here but it can be an adjustment period – especially for students coming from large urban areas. It takes time for any new surroundings to feel familiar. Soon enough, your child will have likely found his or her niche and may discuss new favorite activities such as walking in the Waterfowl Park, eating ‘garlic fingers’ at 2am (especially

favoured by those new to the Maritimes), and enjoying the local arts and music scene.

### **Greater Personal Responsibility and Independence**

There is typically a new-found freedom that comes with university life and first year students often come at different stages of readiness for this change. Many students will be faced with new responsibilities for the first time, such as registering for courses, paying tuition fees, making independent decisions, and daily diet and lifestyle choices. Alongside new responsibilities, there is typically a focus on defining one's own identity and independence. This can be a rocky process of self-discovery at times, which can involve testing new limits and trying on different identities and behaviors. This is all part of the normal process of change.



### **Change in Social Network**

It's not unusual for a first-year student to know very few people when arriving on campus. At first, it may be challenging to make new friends and some students may feel lonely. We encourage all students to participate in Orientation to help establish friendships and make connections. Students may also look for new mentorship and guidance in university from faculty,

staff, and community leaders. Changes in relationships with friends at home may also occur over time.

### **Academic Changes**

The demands of university will likely be more challenging than in high school. The academic schedule of university is less structured and will involve less actual classroom time. Attendance is rarely taken and students have more free time during which to study. Your son or daughter will have to make daily choices about when and how to study. Time management will be a key skill to develop. Keep in mind that many resources exist to help students with time management and study skills. Please see the included “Campus Resources” section for details.



## **EASING THE TRANSITION**

*“If you want children to keep their feet on the ground,  
put some responsibility on their shoulders.” -Abigail Van Buren*

The transition to university will be a major developmental change for both you and your child. We encourage you to trust that you have established a good, solid foundation and that he or she will learn to build on this. Where you previously held a role more like that of helper or advocate, you will likely move more towards a support role for your son or daughter during the university years. This can be a process of letting go and allows for him or her to develop further autonomy and self-reliance. Keep in mind that there are many support services and caring staff that can help along the way. Here are some suggestions for how to help during this time of adjustment:

### **Remember that it takes time to adapt.**

Transition to university is a process and some students may have moments where they long for the comforts of home. Your child’s transition could be instant, slow or somewhere in between. Try to be patient.

### **Encourage staying on campus for the first 6 weeks.**

Research shows that the first six weeks are essential to a student’s adjustment to university. Going home during this time period can make it harder to build relationships on campus and can actually make the adjustment to university take longer and be more challenging.

### **Recommend campus involvement.**

There are many ways to get involved at Mount Allison, from clubs, to sports, to volunteer opportunities. Getting involved can help curb homesickness and foster new friendships.

### **Encourage problem-solving skills.**

Instead of attempting to solve an issue for your child, try to foster his or her problem-solving skills. Try saying, for example: “Tell me what you’ve already done to solve this problem.” Encouraging the capacity to create positive solutions and make decisions will enable him or her to become more resilient and successful.

### **Keep in touch.**

Communicating with family can be very reassuring. In conversations, try to keep the focus on your child and avoid emphasizing missing him or her as this could increase homesickness. Visiting can be a special treat, but be sure to call ahead. It's normal for some students to communicate less often with parents as they explore independence - try not to take this personally.

### **Foster realistic expectations.**

Many new students find it challenging at first to set attainable, realistic goals and some students place immense pressure on themselves to succeed in university. If you have high standards for your child, such as grade expectations or career goals, this can be interpreted as added pressure by your child and may not lead to the desired outcome.

### **Provide trust & support.**

Finding oneself is difficult. Your child needs support and encouragement from the people he or she trusts most. Parenting can be challenging, especially during the first year of university. Trust that your son or daughter will grow and adapt to the changes at hand.



## [AVOID] THE PARENT TRAP

*Here are some tips for transition as a parent:*

- ✓ **CULTIVATE AN ADULT RELATIONSHIP.** Ask your son or daughter how she or he envisions your relationship with each other changing. Discuss hopes, fears, and plans for the future.
- ✓ **THROW A SEND-OFF PARTY.** Get creative with gifts that symbolize freedom and responsibility – a basic cookbook, laundry detergent and a roll of quarters, or a key chain with \$20 for a cab ride home from a party.
- ✓ **FIND WAYS TO FILL THE VOID *BEFORE* THEY LEAVE.** Explore taking classes, volunteering, trying new hobbies, or planning new adventures.
- ✓ **KEEP THE LINES OF COMMUNICATION OPEN.** Establish a regular check-in routine. Remember that it's okay if your son or daughter appears to “need” you less. Make sure they know you're still always there for them.
- ✓ **LOVE THEM ENOUGH TO LET THEM MAKE THEIR OWN MISTAKES.** It's okay if they struggle at times. Remember that you've already done the hardest part – raising a smart, resourceful person!
- ✓ **TALK TO OTHER PARENTS AND READ ABOUT THE TRANSITION** to parenting university students. Try “Letting Go: A Parents' Guide to Understanding the College Years” by Karen Levin Coburn & Madge (2009).

*Tips adapted from <https://www.oprah.com/omagazine/200209>*



## THE RHYTHM OF THE ACADEMIC YEAR

University students tend to go through ups and downs at certain times of the school year. Here are some of the common feelings and behaviours students may experience in first year university. Each student's experience is likely unique. After first year, students tend to be more adjusted to the rhythm of academic life and more prepared for the challenges at hand. For a calendar of events and holiday schedule, please see included insert or visit: [www.mta.ca/administration/sas/index.htm](http://www.mta.ca/administration/sas/index.htm).

### September

- Excitement and potential fears about the transition to university
- Social networks begin forming and adjustment to campus life
- Homesickness may occur
- Possible testing of new limits and boundaries

### October

- Roommate issues may arise or relationship may be working well
- Consequences of life decisions felt ("Are these choices working?")

- Midterm exams begin

## **November**

- Midterm grades returned and reactions to grades
- Cold and flu season begins
- Potential pressure/procrastination with coursework & exams ahead

## **December**

- Preparations and likely stress over final exams
- Anticipating going home (or not) for the holidays – may want to assert a new personality with family (“I’m different now”)

## **January**

- New Year’s resolutions – may attempt a “fresh start”
- Excitement or possible disappointment over first term grades
- Happy or sad to return to campus and routine; possible homesickness

## **February**

- Winter weather may affect moods and motivation level
- First round of midterms start
- Independent study week offers time recharge

## **March**

- Planning living arrangements for next year & summer employment
- Academic stress may increase with midterms and deadlines

## **April**

- Potential stress over final exams
- Excitement or concerns about summer plans and/or returning home
- Potential sadness over losing touch with friends over summer



## **ENCOURAGING ACADEMIC SUCCESS**

*What to do if your child isn't 'dancing' to the rhythm of the academic year*

Almost all academic issues can be prevented and resolved by maintaining proper “student success skills” and accessing appropriate resources. If your child is struggling with academics, you can help by encouraging him or her to do the following:

- Attend all classes & listen to the professor. Simple but key.**
- Use a term calendar and/or agenda to keep track of all tests, assignments, projects & exams. *Schedule in social activities too!***
- Take good notes & review them regularly. *Study over time!***
- Be realistic. *This isn't high school – expectations & workload are higher, and it's normal for grades to slip a bit at first. Be kind to yourself & use this opportunity to learn better study habits.***
- Speak with your professors – they want to help you learn. *Many new students are apprehensive about approaching professors, but will actually***

*find that most are pleasant and accommodating. If you have a problem pertaining to any course, **START** by emailing or speaking to the professor!*

- Get to know your library and its services.** *Students can access research materials, computers, workstations, & more. Librarians are a fantastic resource & are available for individual research assistance.*
  
- Meet with your Academic Mentor in residence.** *All residences have Academic Mentors who are available to assist students with study skills, time management, organizational skills, etc., and can direct you to other campus resources.*
  
- Speak with an Academic Advisor.** *Advisors can assist with course selection and program planning, clarify degree and program requirements, and help you understand academic policies and procedures. (See Campus Resources section for more information or email [advisor@mta.ca](mailto:advisor@mta.ca))*
  
- Get a tutor if you need one.** *Tutors typically charge just \$10/hour. A list of tutors is available at [https://www.mta.ca/tutors/tutors\\_10\\_11.pdf](https://www.mta.ca/tutors/tutors_10_11.pdf).*
  
- Reduce your course load.** *If you are struggling in school, we recommend that you consider reducing your course load (e.g., from five to four or fewer classes per semester). Realize that it's much more sensible in the long run to do well in four classes, than to struggle in five.*

*Further information about academic support services can be found online at [http://www.mta.ca/academic\\_dept/advising.html](http://www.mta.ca/academic_dept/advising.html).*



## **CAMPUS RESOURCES**

*Call someone who cares!*

There are a wide variety of services available to help support students during their time at Mount Allison. Parents are always welcome to contact staff and faculty to ask questions or discuss potential concerns. Keep in mind that, as with any university, our staff and faculty will view each student as an adult and deal directly with him or her whenever possible. This means that no confidential information about a student will be shared - even with parents - without the student's written permission. Here is a detailed list of campus resources:

### **Academic Advising** ([advisor@mta.ca](mailto:advisor@mta.ca); 364-3200)

The University Academic Advisor, located in the Registrar's Office, is available to assist all new and returning students with academic decision-making. Faculty advising for first year students is available by referral from the Academic Advisor. A list of Program Advisors and a New Student Academic Advising Booklet can be found online at <http://www.mta.ca/reghelp/index.htm>.

## **Academic Mentors**

Academic Mentors are upper-year students who live in residence and offer academic support and mentorship to first-year students. Any student can visit or contact the Academic Mentor if he or she needs assistance with topics including: study skills (e.g., time management, reading, note-taking, exam preparation, paper writing), direction to other resources/people/services, or adjustment to academic life in general.

## **Athletics and Recreation** ([jyorke@mta.ca](mailto:jyorke@mta.ca); 364-2401)

Mount Allison Athletics and Recreation provides a comprehensive set of varsity sports, club sports and intramural sports. Students have access to the swimming pool, open gym time in the Athletic Centre gymnasium and both the Athletic Centre Weight Room and the new Fitness Centre located in the Wallace McCain Student Centre. Fitness classes, personal training services, and specialized fitness programs are also available. Please see [athletics.mta.ca](http://athletics.mta.ca) for further details.

## **Bookstore/Mail/Print Shop**

This is a one-stop shop for textbooks, academic supplies, Mount Allison clothing and gear ([bookstore@mta.ca](mailto:bookstore@mta.ca); 364-2225), postal services ([studentmail@mta.ca](mailto:studentmail@mta.ca); 364-3225), and printing needs ([printjobs@mta.ca](mailto:printjobs@mta.ca); 364-2267).

## **Career Services** ([careers@mta.ca](mailto:careers@mta.ca); 364-2344)

Students can receive career planning advice such as self-assessment (personal values, skills, personality), self-promotion (cover letter, resume, interview preparation), post-graduate options, employment opportunities and other guidance through the Career Services Coordinator at the Ron Joyce Centre for Business Studies.

## **Chaplaincy & Religious Life on Campus** ([chapel@mta.ca](mailto:chapel@mta.ca); 364-2227)

The university chapel is open daily for personal prayer and reflection. The University Chaplain, the Rev. John Perkin, serves as a minister to all students, regardless of faith tradition or background. He provides pastoral care and counselling, grief support, vocational discernment, assistance and support with personal challenges, spiritual direction, advocacy and

friendship for students of all and no faith commitments. Denominationally-inclusive Christian worship occurs every Sunday at the chapel. Two multi-faith prayer spaces are available for those of all religious traditions.

### **Counselling Services** ([counsellor@mta.ca](mailto:counsellor@mta.ca); 364-2163)

The counselling services program provides primarily short-term psychological counselling for registered students. Licensed counsellors assist students and can also provide referrals for a range of personal challenges including stress, depression, or relationship issues. Services are available throughout the year, are confidential, and are appointment-based. For further details, please see <http://www.mta.ca/counselling/>.

### **Disability Services**

The disability services program is committed to ensuring the provision of necessary services and accommodations for students with documented disabilities. It is provided at two locations depending on the nature of the disability:

#### *At The Wellness Centre* ([access@mta.ca](mailto:access@mta.ca); 364-2163)

Students with physical disabilities, hearing & vision impairments, ADD/ADHD, & mental health disorders are served through the Wellness Centre. Students should identify early in the application process that they have a disability in order to receive support services once on campus. For further information, call or visit our website at <http://www.mta.ca/wellness/>

#### *At The Meighen Centre* ([jdrover@mta.ca](mailto:jdrover@mta.ca); 364-2527)

Students with documented learning disabilities receive services and accommodations through the Meighen Centre. Students should identify early in the application process that they have a learning disability in order to receive support services after arriving on campus. Please call or visit our website at <http://www.mta.ca/Research/meighen/index.html>

### **Financial Aid/Scholarships** ([financialaid@mta.ca](mailto:financialaid@mta.ca); 364-2258)

Students and their families may contact financial aid for issues related to scholarships, bursaries, student loans and other financial concerns.

## Food/Dining Services (364-2420)

Please see <http://www.campusdish.com/en-us/CA/MountAllison> for any inquiries regarding meal plans and dietary needs. A dietitian is available for consultation. You can also order a birthday cake for your son or daughter.



## Health Services ([health@mta.ca](mailto:health@mta.ca); 364-2163)

Health Services provide **non-emergency** primary health and wellness services to all students. Services include access to a registered nurse, physicians, a massage therapist, and an acupuncturist. We are open during the academic year and services are appointment based. The Nurse/Educator makes referrals to the physician clinic - a physician attends campus approximately one time per week. For general health inquiries students can contact tele-care, a 24 hour bilingual service, at 811. For immediate medical attention, please report to the Sackville Memorial Hospital (8 Maine Street; 364-4100) and for **emergencies** call 911.

## Health Insurance

**Canadian students** are covered by their provincial health insurance while at university, with the exception of the province of Quebec (the only

province which has not entered into a reciprocal billing agreement with physicians from other provinces). Quebec students will be requested to pay a physician fee before being seen by the physician and then the receipt can be sent to the province of Quebec health care for reimbursement.

***For International Students***, Please see the section *Information for International Students and Their Parents*.

***Extended Health & Dental Insurance Coverage*** is now being offered by the Students' Administrative Council ([sac@mta.ca](mailto:sac@mta.ca); 364-2231) for ALL students (domestic and international). Students covered by a health and/or dental benefit plan elsewhere have the freedom to opt-out of this plan. There is simple opt-out access online at <http://studentbenefits.ca/sbta/> which must be completed on or before September 30<sup>th</sup>.

## **Housing Issues**

If you have any questions about applying to residence at Mount Allison, you can contact the Housing Office ([resroom@mta.ca](mailto:resroom@mta.ca); 364-2252). All other residence concerns should be directed to the Student Life Office ([studentlife@mta.ca](mailto:studentlife@mta.ca); 364-2255).

## **International Centre** ([intpa@mta.ca](mailto:intpa@mta.ca); 364-2124)

The International Centre offers a full range of services to students coming from an international background and to those looking to add an international dimension to their degree. The International Advisor ([dkusikwenyu@mta.ca](mailto:dkusikwenyu@mta.ca)) is primarily focused on helping international students make a successful adjustment to academic and social life at Mount Allison and is responsible for coordinating: advice on applying for and renewing visas, study and work permits, Canadian taxes, International Orientation, purchase of health insurance policies, a mentorship program, an academic success program, cross cultural awareness initiatives, and the multi-faith prayer room. The International Affairs Coordinator ([rwalker@mta.ca](mailto:rwalker@mta.ca)) is responsible for the day-to-day administration of Mount Allison's in-house ESL Program (MASSIE) as well as the University's many study-abroad and exchange options. (Please also see *Information for International Students and Their Parents* section).

**Library Services & Research Assistance** ([infodesk@mta.ca](mailto:infodesk@mta.ca); 364-2562)

The Mount Allison Libraries and Archives provide students with access to information and research materials appropriate for academic assignments, computer workstations and a variety of study and group work spaces. Students are encouraged to check the Libraries and Archives website (<http://www.mta.ca/library>) for details. Librarians are available at the Research Help Desk in person, by phone, email or chat and by appointment for more in-depth, individual research assistance.

**Mail Services** ([studentmail@mta.ca](mailto:studentmail@mta.ca); 364-3225)

Full-time students living on or off campus are required to use a mail box address for all incoming letter mail and packages. Mail should be addressed to the mail box number assigned to your son or daughter. Mailbox keys and unit numbers will be distributed to new students during Orientation. Please use this mailing address:

Student's Name  
Mount Allison University, 62A York Street, Unit # \_\_\_\_  
Sackville, NB E4L 1H3





**Math Resource Centre** ([http://mathcs.mta.ca/math\\_resource\\_centre](http://mathcs.mta.ca/math_resource_centre))

The Math Resource Centre is a drop-in service for any student who wishes to improve his or her mathematical skills. The Math Resource Centre is primarily for those in first year Mathematics courses, but students in any course who want help in math-related topics are welcome to use the centre.

**Registrar's Office** ([regoffice@mta.ca](mailto:regoffice@mta.ca); 364-2269)

The Registrar's Office provides a one-stop service in areas relating to admissions, academic advising, registration of students, payment of fees, and student records. You may contact the Registrar's Office for general inquiries. The Registrar's Office, however, is not able to release the following student information: student contact information, grades or attendance, disciplinary reports or sanctions, class schedules, academic status, or account balances. Parents should obtain this information directly from their son or daughter. Specific student information may be released to a third party only upon receipt of written authorization from the student as specified on the Release of Information Consent form which students can obtain by contacting the Registrar's Office.

## Residence Life Staff

The Director of Student Life, assisted by the Residence Assistants (RA's) and Residence Dons, is responsible for all aspects of residence life. Questions about residence life and residence programs such as Orientation should be addressed to [studentlife@mta.ca](mailto:studentlife@mta.ca) or call 364-2255.

Dons live full-time in their designated residences and are responsible for the academic, social and physical well-being of the residents of the residence during the academic year. They may be contacted for urgent issues regarding your child when the Student Life office is closed (i.e., evenings, weekends, holidays). Contact information for Dons is as follows:

Residence	Phone	Email
Campbell Hall	939-4200	<a href="mailto:campbelldon@mta.ca">campbelldon@mta.ca</a>
Harper Hall	939-4000	<a href="mailto:harperdon@mta.ca">harperdon@mta.ca</a>
Windsor Hall	939-7800	<a href="mailto:windsordon@mta.ca">windsordon@mta.ca</a>
Bennett House	939-7400	<a href="mailto:bennettdon@mta.ca">bennettdon@mta.ca</a>
Bigelow House	939-7500	<a href="mailto:bigelowdon@mta.ca">bigelowdon@mta.ca</a>
Edwards House	939-7200	<a href="mailto:edwardsdon@mta.ca">edwardsdon@mta.ca</a>
Hunton House	939-7300	<a href="mailto:huntondon@mta.ca">huntondon@mta.ca</a>
Thornton House	939-7100	<a href="mailto:thorntondon@mta.ca">thorntondon@mta.ca</a>
Small Res.Community	939-7000	<a href="mailto:srcdon@mta.ca">srcdon@mta.ca</a>

## Security & Safety Information ([security@mta.ca](mailto:security@mta.ca); 364-2228)

Security officers patrol campus every evening, 7 days a week, and are available for assistance. Officers do regular campus patrols to ensure the campus safety and to protect MTA assets. MTA security is also a resource for reporting security concerns of personal nature or threats to MTA property, liaison with local RCMP, finding or contacting campus users, accessing buildings, and any other security related issue.

## S.H.A.R.E. (Sexual Harassment Advisor) ([share@mta.ca](mailto:share@mta.ca); 506-540-7427)

S.H.A.R.E. (sexual harassment and assault response and education) is a victim advocacy program to help student victims after sexual harassment and assault. S.H.A.R.E. offers: a 24-hour crisis line 540-7427 (SHAR),

confidential advice, help with missed classes, access to emergency shelter, information and resources, and support during any medical, legal, or judicial proceeding.

**Students' Administrative Council** ([sac@mta.ca](mailto:sac@mta.ca); 364-2231)

The Students' Administrative Council (SAC) represents all students at Mount Allison. The SAC lobbies for student interests and provides a variety of services for students including access to, and information about, campus clubs and societies. The SAC is also pleased to offer extended health and dental insurance coverage to all students. See 'Health Insurance' heading in the *Campus Resources* section for more details.

**Student Life** ([studentlife@mta.ca](mailto:studentlife@mta.ca); 364-2255)

The Student Life Office offers guidance in all aspects of student life and provides direction to support service providers. You may contact Student Life for general inquiries pertaining to residence & student life (including judicial matters and withdrawals from university), or to discuss specific concerns regarding your son or daughter.

**Writing Resource Centre** ([wrc@mta.ca](mailto:wrc@mta.ca))

The Writing Resource Centre is an on-campus tutorship program designed to help students in any discipline with paper and essay writing skills. This program is offered during the academic year (September-April) by upper-level student tutors at the Library.



## **INFORMATION FOR INTERNATIONAL STUDENTS AND THEIR PARENTS**

*As your child prepares to leave for Canada,  
here are some important things that you will need to take care of:*

- ✓ Apply for your child's Study Permit and Temporary Resident Visa (which is not required for some countries) at least 3 months prior to departure. Custodianship arrangements will have to be made for students below the age of 19 years. For more information please visit [www.cic.gc.ca](http://www.cic.gc.ca)
- ✓ Arrange for your child to arrive at Mount Allison in time for the International Student Orientation. Learn more through the following website: [http://www.mta.ca/student\\_life/int\\_orient/orientation.html](http://www.mta.ca/student_life/int_orient/orientation.html)
- ✓ Fees may be paid through bank transfer either to Mount Allison or into your child's Canadian bank account, which they can set up once here. For more information, please visit: [www.mta.ca/administration/sas/financial.htm](http://www.mta.ca/administration/sas/financial.htm).
- ✓ If your son or daughter would like to work while a student at Mount Allison, please keep in mind the following options. If your child has a study permit

which is valid for 6 months or longer, then he or she is eligible to work on campus without a work permit. The student would also be required to maintain a GPA above 1.75. Once a student has been offered a campus job, he or she will need to apply for a Social Insurance Number (SIN). For more details, see: [www.mta.ca/student\\_life/int\\_orient/work\\_onsampus.htm](http://www.mta.ca/student_life/int_orient/work_onsampus.htm). If your child would like to work off campus, he or she must apply for an 'Off Campus Work Permit'. To learn about required criteria to qualify for an off campus work permit and the application process, please see: [http://www.mta.ca/student\\_life/int\\_orient/work\\_offcampus.htm](http://www.mta.ca/student_life/int_orient/work_offcampus.htm).

- ✓ Health insurance is mandatory for all students. Insurance for international students is automatically provided through Student Guard for \$1.45/day. This charge is automatically placed on a student's account and can be paid for along with other university fees. For more information about Student Guard and its policy for students, please visit the website (<https://www.guard.me/studentguard/policies.php>) and click on the "University & College" tab. To opt out of Student Guard's insurance, a student must provide the International Advisor with proof of alternate insurance coverage which meets or exceeds Student Guard's policy. For more information, please contact the International Advisor, Ms. Danai Kusikwenyu ([dkusikwenyu@mta.ca](mailto:dkusikwenyu@mta.ca); 364-2112). Please also see 'Health Insurance' under the *Campus Resources* section for information on extended/supplemental health and dental coverage through the Students' Administrative Council (SAC).

International Centre Contact Information:

Phone: 364-2124; Fax: 364-2130

Email: [international\\_advisor@mta.ca](mailto:international_advisor@mta.ca)

Website: [www.mta.ca/international](http://www.mta.ca/international)

## **YOU SAY GOODBYE, WE SAY HELLO**

We want to be as supportive as we can to you and your child during this time of change. In the Mount Allison community, we aim to foster a positive, energizing environment for our students. You and your son or daughter will find caring, dedicated staff and faculty to help ease the transition and enable your son or daughter to be successful and enjoy the full university experience.

Please stay in touch and let us know how we can be of assistance.





# MountAllison

UNIVERSITY

## Important Dates 2011 - 2012

### September

- 1 Arrival of new students; Commencement
- 2 Orientation begins; University Assembly; Academic Advising
- 3 Correspondence Exams for eligible students
- 5 Labour Day – no classes
- 6 Fall Term classes begin
- 16 Last day for changes in course registration (Fall Term & year-long)
- 19 Last day to make Fall Term fee payment without penalty
- 30 Deadline for May 2012 Graduation application

### October

- 10 Thanksgiving Day - no classes
- 31 End of withdrawal period for Fall Term 3 credit courses

### November

- 10 Mid-term day of independent study – no classes
- 11 Remembrance Day - no classes
- 18 Deadline for registration & residence deposits for students admitted for Winter Term

### December

- 5 Last day of classes for Fall Term
- 7 Final exam period begins
- 17 Last day for exams
- 23 University closes for holidays

## **January**

- 1 Returning students may enter residence
- 2 University offices open
- 3 Winter Term classes begin
- 13 Last day for change in registration in Winter Term 3 credit courses
- 13 End of withdrawal period for year-long 3 & 6 credit courses
- 16 Last day to pay account balance without penalty

## **February**

- 13 Deadline to apply to transfer to the B.F.A. program (returning students)
- 18 - 26 Week of independent study — no classes
- 28 Deadline for returning students to apply to transfer to Music program

## **March**

- 5 End of withdrawal period for Winter Term 3 credit courses

## **April**

- 5 Last day of classes for Winter Term; Deadline for returning students to apply to transfer to B.A., B.Sc., or B.Comm. programs
- 6 Good Friday
- 9 Final exam period begins
- 19 Last day for exams

## **May**

- 14 University Convocation for graduating students