

Future Time Capsule

Envision your future life 10 years from now. You are fulfilled, happy, and wildly successful in your eyes.

What would be the answers to these questions?

- What does your typical day look like?
- What kinds of activities are you engaged in?
- What kinds of people do you interact with?
- How are you living out your values?
- How are you using your knowledge, skills, and personal strengths?
- What are your living arrangements?
- How do you spend your leisure time?
- What achievements do you feel proudest about?
- What are you looking forward to doing next?

On a piece of paper, write out a very detailed description of your ideal life, using these design thinking questions as your guide.