Course Planning for Psychology

Majors, Minors, and the Honours Degree
Majoring in Psychology

For either a B.A. or a B.Sc. you need to take:

- Psyc 1001 & Psyc 1011
- Psyc 2001 (Research Design & Analysis I) & Psyc 2011 (RDA II)
- 2 of the following core courses:
  - Psyc 2101 (BioPsychology)
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2301 (Social Psychology)
- 12 credits in Psychology at the 3000 or 4000 level
  - Maximum of 3 credits from Psyc 4950/51
- 3 credits from Psychology at the 4000
  - Excluding Psyc 4950/51
- 9 additional credits in Psychology
Minoring in Psychology

For either B.A. or B.Sc. you need to take:

- Psyc 1001 & Psyc 1011
- 2 of the following core courses:
  - Psyc 2101 (BioPsychology)
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2301 (Social Psychology)
- 12 credits in Psychology
  - Note, at least 6 credits must be from the 3000 or 4000 level
The Psychology Honours Degree

- Can be either a B.A. or B.Sc.
- 60 credits as required for the major, plus
- 18 credits from Psyc which must include
  - Psyc 3001 (Advanced Design & Analysis)
  - Psyc 3901 (History of Psychology)
  - Psyc 4903 (Honours Seminar)
  - Psyc 4990 (Honours Thesis)
  - 3 additional credits in Psychology
- Psyc 2011 (RDA II) is a pre-req for an honours application
To be admitted to the Honours programme you:

- Must apply to the Department in your 3rd year
- Must have a minimum GPA of at least 3.0 on all prescribed Honours work
- Must have a minimum GPA of 3.0 in all courses beyond the first year at Mount Allison
- Must secure a supervisor
Hints, Tips, & Recommendations

- Get your core courses completed early, preferably in your 2nd year
  - Pre-reqs for several upper year courses
- Get the RDA courses (Psyc 2001 & 2011) completed early, preferably in your 2nd year
- The RDA courses are strongly recommended for the lab courses
  - Particularly the 3rd year lab courses, but Psyc 2001 recommended for 2nd year lab courses
Look ahead at the senior courses you are interested in…What would like to take in your 3rd or 4th year? Are there any pre-reqs for those courses?

- Get the pre-reqs completed early
- Keep in mind the C- rule
  - You must obtain a grade of C- or better for the pre-req to count
If you are interested in research, keep our Directed Studies courses (Psyc 4950 & Psyc 4951) in mind

- Offered to advanced students in their 3rd or 4th year
- Must make arrangements to work with an individual faculty member
- Note, if doing Honours should not plan to take a Directed Studies in the 4th year
Note some courses may not be offered every year

B.Sc. students with a non-science minor
  Cannot use upper year courses in non-science discipline to fulfill science requirements...be careful with course selection!
When selecting courses consider:

- Which courses/topics interest you most
- What do you want to do with your degree?

Target relevant courses

- Which courses will best prepare you for the future?

Try to remain flexible

- You might change your mind later regarding your chosen major or minor
Careers in Psychology

How your undergraduate Psychology courses can prepare you for your career

Mount Allison University
Below are listed a variety of careers and recommended psychology courses

- Please note, this list is not comprehensive, and is in addition to other courses needed to meet degree requirements.

- For some of these career options it would be best if you were a Psychology major or minor, for others even a few Psychology courses can help you prepare for your career and further training.

- For most careers a strong background in research methods, design, & analysis (e.g. Psyc 2001, 2011, & 3001) is invaluable
Mental Health Services/Child Care Services/Community Residences/Human Resources

- These would include a variety of “helping” careers that do not necessarily require professional training beyond the undergraduate degree
- Recommended psychology courses:
  - Psyc 2121 (Behavior Modification)
  - Psyc 2431 (Child & Adolescent Development)
  - Psyc 2601 (Psychology of Abnormal Behavior)
  - Psyc 2611 (Health Psychology)
  - Psyc 3151 (Drugs & Behavior)
  - Psyc 3301 (Interpersonal Relations)
  - Psyc 3421 (Adulthood & Aging)
  - Psyc 3601 (Introduction to Clinical Psychology)
  - Psyc 4421 (Adv. Topics in Social Development)
  - Psyc 4611 (Adv. Topics in Health Psychology)
  - Psyc 4601 (Adv. Topic in Psychopathology)
Teaching & Instruction

- Careers involving instructing children, adolescents, or adults.
- Recommended psychology courses:
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2431 (Child & Adolescent Development) ***
  - Psyc 3021 (Psychological Measurement)
  - Psyc 3221 (Psychology of Language)
  - Psyc 3411 (Cognitive Development)
  - Psyc 3801 (Educational Psychology)
  - Psyc 4401 (Adv. Topics in Developmental Psychology)
  - Psyc 4421 (Adv. Topics in Social Development)
For these biologically-oriented careers a B.Sc. is highly recommended

Recommended psychology courses:

- Psyc 2101 (Biopsychology)
- Psyc 2431 (Child & Adolescent Development)
- Psyc 2601 (Abnormal Behavior)
- Psyc 2611 (Health Psychology)
- Psyc 3101 (Human Neuropsychology)
- Psyc 3151 (Drugs & Behavior)
- Psyc 3201 (Memory)

- Psyc 3211 (Sensation & Perception)
- Psyc 3331 (Death & Dying)
- Psyc 3421 (Adulthood & Aging)
- Psyc 3601 (Introduction to Clinical Psychology)
- Psyc 4611 (Adv. Topics in Health Psychology)
Speech/Language Therapist

- These careers involve providing counseling & therapy for speech & language problems

- Recommended Psychology courses:
  - Psyc 2101 (Biopsychology)
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2431 (Child & Adolescent Development)
  - Psyc 3101 (Human Neuropsychology)
  - Psyc 3221 (Psychology of Language)

- Note: Linguistic courses are also recommended
  - …and may be required for some programs
Counseling/Social Work/Ministry

- Some additional training beyond your undergraduate degree would be required for these careers

- Recommended Psychology courses:
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2431 (Child & Adolescent Development)
  - Psyc 2601 (Psychology of Abnormal Behavior)
  - Psyc 3021 (Psychological Measurement and Individual Differences)
  - Psyc 3301 (Interpersonal Relations)
  - Psyc 3311 (Human Sexuality)
  - Psyc 3421 (Adulthood & Aging)
  - Psyc 3511 (Psychology of Gender)
  - Psyc 3601 (Introduction to Clinical Psychology)
  - Psyc 3901 (History of Psychology)
The Law & Enforcement

- Careers involving the judicial system, the penal system, or the police system
- Recommended Psychology courses:
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2301 (Social Psychology)
  - Psyc 2601 (Abnormal Behavior)
  - Psyc 3301 (Interpersonal Relations)
- *Note: a variety of Political Science and Sociology courses would also be beneficial*
Journalism

- For careers involving the reporting of scientific news and discoveries

- Recommended Psychology courses:
  - Psyc 2001, 2011, & 3001 (Research Design & Analysis)
  - Psyc 2101 (Biopsychology)
  - Psyc 2201 (Cognitive Processes)
  - Psyc 2301 (Social Psychology)
  - Psyc 3101 (Human Neuropsychology)
  - Psyc 3901 (History of Psychology)

- Note: a wide variety of other science courses, and English Literature courses would be beneficial
Recommended Psychology courses:

- Psyc 2201 (Cognitive Processes)
- Psyc 2301 (Social Psychology)
- Psyc 3301 (Interpersonal Relations)

Note: a variety of courses offered by the Commerce Department are also recommended
Graduate Training in Psychology

- Recommended courses for those interested in attending graduate school in Psychology:
  - Psyc 4990 (Honours Thesis)
  - Psyc 4950/4951 (Directed Studies)
  - Psyc 3001 (Advanced Design & Analysis)
  - Psyc 3901 (History of Psychology)

- There are many areas of specialization in Psychology and the recommended courses depends on the area(s) you are interested in...but remember to take a variety of Psychology courses during your undergraduate career.
Biopsychology, Neuropsychology, or Animal Learning

- Psyc 2101 (Biopsychology)
- Psyc 2121 (Behavior Modification)
- Psyc 2201 (Cognitive Processes)
- Psyc 3101 (Human Neuropsychology)
- Psyc 3111 (Conditioning)
- Psyc 3151 (Drugs & Behavior)
- Psyc 3201 (Memory)
- Psyc 3211 (Sensation & Perception)
- Psyc 4101 (Advanced Topics in Behavioral Neuroscience)
- Psyc 4111 (Advanced Topics in Conditioning)
Clinical or Counseling Psychology

- Psyc 2601 (Psychology of Abnormal Behavior)
- Psyc 2611 (Health Psychology)
- Psyc 3021 (Psychological Measurement)
- Psyc 3301 (Interpersonal Relations)
- Pscy 3511 (Psychology of Gender)
- Psyc 3601 (Introduction to Clinical Psychology)
- Psyc 3821 (Child Psychopathology)
- Psyc 4601 (Advanced Topics in Psychopathology)

*Note, if you are interested in working with a special population (e.g. children or the elderly) make sure you take the appropriate Developmental courses as well*
Cognitive Psychology
- Psyc 2301 (Biopsychology)
- Psyc 2201 (Cognitive Processes)
- Psyc 3101 (Human Neuropsychology)
- Psyc 3201 (Memory)
- Psyc 3211 (Sensation & Perception)
- Psyc 3221 (Psycholinguistics)
- Psyc 4101 (Adv. Topics in Behavioural Neuroscience)
- Psyc 4201 (Adv. Topics in Cognition)
Developmental Psychology

- Psyc 2431 (Child & Adolescent Development)
- Psyc 2611 (Health Psychology)
- Psyc 3331 (Death & Dying)
- Psyc 3411 (Cognitive Development)
- Psyc 3421 (Adulthood & Aging)
- Psyc 4401 (Adv. Topics in Development)
- Psyc 4411 (Adv. Topics in Adulthood & Aging)
- Psyc 4421 (Adv. Topics in Social Development)
Educational Psychology & School Psychology

- Psyc 2201 (Cognitive Processes)
- Psyc 2431 (Child & Adolescent Development)
- Psyc 3801 (Educational Psychology)
- Psyc 4401 (Adv. Topics in Development)
- Psyc 4421 (Adv. Topics in Social Development)
Measurement
- Psyc 2001 (Research Design & Analysis I)
- Psyc 2001 (Research Design & Analysis II)
- Psyc 3001 (Advanced Design & Analysis)
- Psyc 3021 (Psychological Measurement & Individual Differences)

Personality Psychology
- Psyc 2701 (Personality)
- Psyc 3021 (Psychological Measurement & Individual Differences)
- Psyc 3301 (Interpersonal Relations)
- Psyc 4701 (Advanced Topics in Personality)
Social Psychology

- Psyc 2301 (Social Psychology)
- Psyc 3301 (Interpersonal Relations)
- Psyc 4301 (Advanced Topics in Social Psychology)

In addition to the courses listed here, it is recommended that you also look into the topics covered each year in:

- Psyc 3991 (Special Topics)
- Psyc 4991 (Special Topics)