

IMPORTANT INFORMATION IF YOU MUST ISOLATE IN RESIDENCE

We understand this is an incredibly stressful time for you. **If you have to go into residence isolation due to sickness**, we will do our best to make your time as comfortable as possible.

Contact Residence Life Manager Karen Geldart at 364-5967 or kgeldart@mta.ca if you have any questions or concerns.

PLEASE READ THE FOLLOWING INFORMATION VERY CAREFULLY:

1. DO NOT LEAVE YOUR ROOM

Please stay in your room at all times with the exception of a fire alarm. In the event of a fire alarm, please put on the supplied mask and gloves and exit the building from the closest designated exit. When outside, stand in an area that creates at least a six foot (two metre) distance between you and any other person. Once the fire alarm has been cleared and students can re-enter the building, please wait until all other students have entered before returning to your room.

2. MEDICAL EMERGENCY

In the event of an emergency, such as difficulty breathing, please contact 911 and then, if possible, Campus Security at 364-2228.

3. HEALTH ADVICE

For non-emergency questions about your health, e-mail health@mta.ca or take the Government of New Brunswick's online assessment at gnb.ca/coronavirus. If you feel you have symptoms of COVID-19, contact Tele-Health NB at 811. Please be sure to disclose to them that you are currently in isolation.

4. RESIDENCE SUPPORT

The MtA Residence Life team will continue to help you in any way they can while you are in isolation. You can contact a Don in your building by calling or e-mailing them. Although the Don will not be able to enter your room to speak to you in person, they can assist you with questions, noise concerns, referrals, or other residence issues you would like to discuss.

5. ACADEMIC SUPPORT

Please contact the Meighen Centre at accessibility@mta.ca to assist you with all of your academic questions or concerns.

6. MEALS

You will be delivered a meal three times a day. Meals will be provided in takeout containers that will not need to be returned/collected or washed. Meals will be placed outside your room at approximately 9:30 a.m., 1 p.m., and 5:30 p.m. Staff will knock on your door and announce that they have delivered the meal. Shortly after, we ask that you open your door just enough to retrieve the

meal and take it inside your room. Food deliveries will only be left outside your door for a maximum of one hour for food safety reasons and then it will be removed and discarded. Please use your mini fridge to keep any leftovers at a safe temperature.

Meal Selections

- A weekly meal menu (.pdf) will be e-mailed to you so that you can make your selection
- Send your meal and beverage(s) selection for each meal to dining@mta.ca by 1 p.m. for the following day
- Indicate your name, residence, room #, and if you have a dietary or allergy restrictions
- If there are any concerns with your meals, please e-mail dining@mta.ca

7. GARBAGE

Garbage bags have been supplied. Please place all food or other garbage in the bags provided. When your garbage is ready for pick up, place it outside your door. Custodians will come by daily.

8. CARD ACCESS

Card access has been provided. Please take your ID card with you in the event of a fire alarm.

9. ALCOHOL/DRUGS

Please refrain from consuming any alcohol/drugs or other intoxicants while in isolation.

10. CLEANING

You have been provided with some cleaning supplies. Please use these to keep your washroom clean and comfortable during your stay. Using the paper towel provided, spray the cleanser on the sink, bathtub/shower, and toilet liberally, let sit for a minute and wipe clean. Please keep cleanser away from your face/eyes. Dispose of the paper towel in the garbage bags provided. Should you require more cleaning supplies, please e-mail kgeldart@mta.ca.

11. DELIVERIES

Please DO NOT order online or by phone as deliveries cannot be made to you.